

## **Copeland Netball League**

### **League Rules 2021-2022**

#### **Annual General Meeting**

One representative from each team wishing to enter the League should be in attendance to register their entry.

#### **Ball and Pump**

Each team to supply their own match ball.

#### **Bleeding**

Each team should carry a small first aid kit. Any player who is bleeding, that is flowing blood, should leave the court to cover the wound immediately.

Minor injuries where there is no flowing blood can be dressed at the side of the court with tape.

Any blood on the ball and court must be cleaned up before game restarts and any blood-stained clothing replaced.

There is no First Aid cover at St Benedict's & St Bees School therefore teams are advised of the following:

- A member of each team is designated to provide First Aid for the team and has an appropriately stocked First Aid kit.
- In the event of an accident a member of the team needs to contact the school the following day to arrange completion of the accident form.

#### **Cancellation – by Teams**

The appropriate captain should inform their opponents, Umpires, Results Secretary, Umpiring Secretary before 12:00pm on the day of the match. No game may be rescheduled.

#### **Cancellation – Covid**

If teams must cancel due to isolation of team members, the Working Committee will endeavour to reschedule games at dates that can accommodate fixtures affected. If that is not possible then all teams affected by the cancellation will be allocated 3 points.

#### **Cancellation – by Venues**

If a venue cancels on a pre-booked date, the Working Committee will endeavour to find alternative suitable indoor venues, at dates that can accommodate all the fixtures affected. If that is not possible then all teams affected by the venue cancellation will be allocated 3 points.

#### **Committee Meetings**

A representative from each team must attend league meetings. Failure to do so will result in the loss of 5 League points. These deducted points will be kept on a separate record. A £5 fine will also be imposed.

**Complaints**

Should a team have a complaint, this should be submitted in writing to the Copeland Netball League email account (CopelandNetball@gmail.com). The team/player who is the subject of the complaint will be made aware of the complaint that has been made against them. This is not for general distribution, but for discussion by the team concerned. If deemed necessary, a report will be requested from the Umpires of that specific game. A date will be set for the complaint to be discussed which will be attended by Working Committee members and the captain, or a representative, from each team involved and the Umpires, if necessary.

**Covid Officer**

Each team will require a covid officer, to be registered through the Engage system.

**League Fees**

Payment schedules will be issued at the beginning of the season and each payment is to be made on or before the stipulated date. Payments to be made by electronic transfer only. If payment by teams are not made at or before the date stipulated, then a £5 fine imposed each week or part week that the fees are overdue.

For teams with all junior players (under age 18 as of 1<sup>st</sup> September 2021, the league will subsidise 50% of the teams' fees.

**Match Durations**

|                                        |
|----------------------------------------|
| <b>League Fixtures</b>                 |
| 12 Minutes each Quarter                |
| 2 Minutes between quarters 1/2 and 3/4 |
| 3 Minutes between quarters 2/3         |
| 5 Minutes between games.               |

All games will finish on time regardless of time played.

No stoppage time is allowed for injury. Any injured player unable to resume playing should leave the court within 30 seconds (i.e. the clock continues to run even though the game may have stopped).

If a player is injured, a substitute may be used to take this position, however, if there are no substitutes and the position vacated is the centre, then one player on the court may take this position. No further changes are permitted until quarter/half time.

**Membership**

All players, umpires and coaches are to be members of England Netball (EN). New players are allowed to play 3 games in total before taking membership. The Membership Secretary will be undertaken spot checks throughout the season.

**Personal Safety**

No person who appears to be under the influence of alcohol and/or drugs may take to the netball court. This is at the discretion of the umpire.

All fingernails are to be cut short (below the tip of the finger) and be smooth. Gloves or taping not allowed. Any player found playing with long nails will be asked to leave the court for the remainder of the game quarter.

No replacement player is permitted for that quarter and if that player wants to return then the fingernail rule will need to be adhered to.

No sharp adornment (hair slides with sharp points or edges) or jewellery may be worn. Wedding rings are allowed if taped.

All footwear laces to be tied securely.

### **Player of the Year**

Teams to nominate a member of each team whom they deem Player of the Match. The nomination is to be noted on the scorecard and Results Secretary notified. Presentation of the trophy will be at the Presentation Evening.

### **Player Transfer**

A player can transfer from one team to another within the Copeland League once in a playing season. Both teams to update their League Registration Forms electronically and forward to the Affiliations Secretary and League Secretary so there is a record. This is to be in advance of the player playing for the new team.

Once a player has moved from their previous team to the new team there can be no transfer back or to another team within that playing season. The League will have no input to player payments / team fees. This should be sorted out internally.

### **Pregnancy**

Individuals (player, coach, umpire) should only participate up until their 12<sup>th</sup> week of pregnancy.

### **Registration**

All players participating must be registered on the League registration form. Names can be added at any time during the season, before the player participates in fixtures. The League Secretary is to be informed of additional players. Players may only play for one team per season unless a transfer is undertaken (see Transfers).

Teams with 5 or more young players i.e. under 18 must provide an adult contact who will be responsible for the team commitments to the league i.e. league fees, attendance at games and meeting.

No person under the age of 14 years will be eligible to play in the League.

### **Results**

All scorecards should be checked and signed by both scorers (also stating their team) at the end of the game and collected by Captains. Captains should also peer check results in case of any errors/discrepancies. If there are any errors/discrepancies this will need discussed with the other team and then if appropriate contact the Working Committee for advice.

## **CAPTAINS TO WHATSAPP TO CNL RESULTS AND WEBSITE OFFICER WITHIN 24 HOURS OF A FIXTURE.**

You do not need to state if scorers were present. The CNL Results and Website Officer will assume all were present unless otherwise told. Failure to do so will result in the loss of 5 points for the offending team.

Number: 07727200487. Email: [cnlresults@googlemail.com](mailto:cnlresults@googlemail.com)

Results cards should be kept by both teams. Only if there is a discrepancy will results cards be requested by the Results Secretary.

### **Safeguarding**

Each team will provide their own safeguarding officer. The League will also have a safeguarding officer.

### **Scoring**

Each game should have 2 umpires and 2 scorers.

Teams must provide scorers for ALL matches. Should a team fail to provide a scorer under EXTENUATING CIRCUMSTANCES then the league committee should be informed. The league committee will then decide if 5 points are to be deducted for this occasion. Please note that not providing a scorer for any other reason will equate to a 5-point deduction for each occasion.

To ensure all teams have equality of officiating, scorers are to be provided by each team either before or after their own fixture. This will be monitored via information received the Team Captains when sending in results. If a team cannot provide a scorer from their own team then a replacement must be found from another team member only.

| <b>Score</b>                     | <b>Points</b> |
|----------------------------------|---------------|
| Win                              | 5             |
| Draw                             | 3             |
| More than 50% of opponents score | 2             |
| Loss                             | 1             |
| Cancellation                     | 0             |

### **Teams**

No team may take the court with fewer than 5 players.

Late players must wait until a goal has been scored, stoppage for injury or half time and inform the umpire before entering the court.

Late teams: Teams have up to 5 minutes after their stated start time to arrive at their venue and start play. The umpires will give a 30 second warning when 5 minutes is nearly up. If the offending team fails to take the court, the game will be awarded to the non-offending team.

All players must be wearing bibs with lettering front and back.

Substitutions can be used at quarter/half time or for injury. In the case of injury team's positional changes can be made if this is within 30 seconds. If there is no substitution one positional change may be made.

Registered playing uniforms to be worn for each match. That is same coloured tops, with either skirts or shorts (leggings are acceptable). Uniforms defined on team registration sheets. Bibs or patches to be worn (no mixing).

Umpires are to confirm standard of dress prior to start of game.

Toss to be taken before the game, by the captains, and the umpires and scorers informed.

### Umpiring

All fixtures must be officiated by two qualified umpires. Each umpire will be paid travel expenses of £10.00 per League game. The money for umpiring will be added to the league fees and the umpires will be paid twice during the season.

Any umpire not able to fulfil the date specified will make arrangements for a replacement umpire and also arrange payment.

Only in exceptional circumstances will a trainee umpire be allowed to umpire a game. This will be decided by the Umpiring Secretary.

To ensure CNL has a good supply of umpires it is encouraged that all teams should aim have to following complement of active (i.e. an umpire who will officiate at least once per month) qualified umpires:

- 1st year of entry No umpires required
- 2nd year of entry Minimum of 1 active qualified umpire
- 3rd year of entry Minimum of 2 active qualified umpires

The captains have the right to approach an Umpire during an interval or after a game for clarification of any rule.

For rough, dangerous play, abusive language or misconduct the Umpire has the right to warn the offending player(s) and if necessary stand the offending player(s) off the court for a specified period.

### Venues

| Venue                            | Match Time                                                              |
|----------------------------------|-------------------------------------------------------------------------|
| St Bees School                   | 2 Matches per evening, played on 1 court.<br>19:00-20:00<br>20:00-21:00 |
| Lakes College, Lillyhall         | 2 Matches per evening, played on 1 court.<br>19:00-20:00<br>20:00-21:00 |
| St Benedict's School, Whitehaven | 2 Matches per evening, played on 1 court.<br>19:00-20:00<br>20:00-21:00 |